

Y42 Radical Loving Fledule (Flexible Schedule!)

Day	Time	Activity	Location
Fri	2	Welcome & Yoga experience to tune in and connect	Sanctuary
	4.30	Understanding & Connection	Lounge & Sanctuary
	6	Dinner	
	7.30	Energetic Connection, Yin Yan "homework"	Sanctuary
Sat	9	Yoga experience to tune in and connect	Sanctuary
	10.30	Brunch	
	11.30	The Divine Goddess & "homework"	Sanctuary
	3	Rage against the machine (Juice)	Sanctuary
	3.45	Breathwork to heal trauma and open our hearts	Sanctuary
	6.30	Dinner	
	7.45	Evolved Masculinity & "homework"	Sanctuary
Sun	9	Yoga experience to tune in and connect	Sanctuary
	10.30	Brunch	
	11.30	Puppets to Patterns...no more!	Lounge
	1	The most magnificent love affair	Lounge
	2.30	Freetime: Juice & Preparation	
	4.30	Sacred Vows	Sanctuary & Temple
	6	Celebration Banquet	Meet in Lounge
	8	Taste of Tantra & "homework"	Sanctuary